

Immunization for Measles and Rubella

For incoming international students,

In 2007, measles were rampant among high school and college students in Japan. In order to prevent group infection, students are required to gain sufficient immunity before entering college.

You are required to meet at least one of the following conditions before enrollment:

1. In the past, I received vaccination for measles and rubella twice or more each.
2. My antibody tests for measles and rubella were both positive, before the move-in.
3. In 2007 or after, I received vaccination for measles and rubella.
4. In 2007 or after, I was diagnosed with measles and rubella.

Frequently Asked Questions:

Q1. What if I cannot receive vaccination because of allergies?

- Please take antibody tests for measles and rubella.

Q2. If I were to take antibody tests for measles and rubella, what should I do next?

- If the test result is “negative”, “plus and minus”, or “positive and negative”, vaccination is required for each.

Q3. If I were to receive vaccinations at a medical institution (hospital, clinic, etc.), what should I do?

- Ask the medical institution before going whether the vaccinations are available. There are vaccines for “Measles”, “Rubella”, “MR vaccine (Measles and Rubella)”, “MMR vaccine (Measles, Mumps, and Rubella)”. If you take the MR vaccine or MMR vaccine, the vaccination can be done in one session.
- Depending on the medical institution, you may be recommended to take the antibody tests first. In that case, please take the antibody tests, and then please receive necessary vaccinations based on the results. The antibody tests refer to testing of whether you have immunity against the diseases. It can take several weeks or longer to get the results, so please consult the medical institution as soon as possible.
- If you keep a record of the medical checkups, it would be helpful for you.

Immunization Questionnaire on Measles and Rubella

Name:	Home University name:
Your e-mail address:	Country or territory:
Parent or guardian's name:	Phone number:
Your dormitory and room number at Soka University, or address in Japan for those with housing: *Exchange students leave this space blank	

Check the corresponding boxes and fill in the information. If you have questions regarding (1) – (4) below, please consult a medical institution.

- (1) Vaccinations you have received:
- MR (Measles and Rubella) vaccine Date: year / month / date Date: year / month / date
 - MMR (Measles, Mumps, and Rubella) vaccine Date: year / month / date Date: year / month / date
 - Measles vaccine Date: year / month / date Date: year / month / date
 - Rubella vaccine Date: year / month / date Date: year / month / date
 - None of the above

- (2) Antibody test for Measles:
- + (positive)
 - (negative)
 - ± (plus and minus / positive and negative)
 - I did not take the test
- } Date: year / month / date

- (3) Antibody test for Rubella:
- + (positive)
 - (negative)
 - ± (plus and minus / positive and negative)
 - I did not take the test
- } Date: year / month / date

- (4) If you did not receive vaccines mentioned in (1), answer your reasons:
- The antibodies I have are + (positive)
 - Other reasons: _____

Ministry of Education, Culture, Sports, Science and Technology requires that students report the following before entering college. Refer to your medical history and answer the following questions. If you are not sure about your answer, check “Unknown”.

- (5) Were you ever diagnosed with measles in the past?
- Yes No Unknown
- (6) How many times in total, including this time, have you received vaccination for Measles? Include the MR (Measles and Rubella) and MMR (Measles, Mumps, and Rubella) vaccine in the count.
- Never Once Twice or more Unknown

With my signature below, I affirm that I have fully understood the importance and necessity of the vaccination, and the information provided above is true and accurate.

Signature: _____

Date: _____